

Getting your smile to the altar on time



4-24 months - Orthodontics

It might not be until you start booking photographers for your wedding that you realise that you might want straighter teeth for those pictures. Luckily, if you are like most people, you have started planning your wedding months before it is actually going to take place. Therefore, you do have time to straighten teeth before your wedding, even if it is less than 4 months away. As soon as you get engaged (or even earlier) is the best time to start your teeth straightening journey, but as with most things, it is never too late to get an improved result.

6-12 months - Dental Implants

If you are missing some of your teeth or need to replace several due to infection, an implant is the best treatment option. It is beneficial to schedule this procedure several months before the wedding as it takes 3-6 months for the bone around the titanium implant to fuse together. It is well worth the wait though because your new implant will be as secure as your natural root system once was. This is incredibly beneficial because it will allow you to bite down with the full force of your jaw. You will also be able to have a beautiful smile that looks like you have all of your natural teeth.



1-5 months - Botox



Wedding Botox should be planned for five months in advance if possible. After the first treatment we can assess if we need to do any tweaks. It takes up to three weeks for the full results to reveal, so at that point we can fine tune. Botox lasts at least three months so after one treatment the patient will feel happy that the dose and result is right before a final commitment. Then re-treatment at five weeks before the wedding day, giving time to reassess and adjust in plenty of time.

3-6 weeks - Veneers

Veneers are a popular choice for brides and grooms. These thin, custom-made shells cover the front side of teeth, and can be used to treat spaces between teeth and teeth that are chipped or worn, permanently stained, poorly shaped or slightly crooked. Veneers are a very quick solution which result in a dramatically improved appearance in just one or two visits and with the different options available there's a solution to suit every budget.



2-6 weeks - Dermal Fillers

Whether you want fillers to smooth away wrinkles or to plump up or reshape your lips, you'll need to schedule your appointment at least two weeks before the big day. Starting fillers six weeks in advance is preferable so that a touch-up can be done two weeks later (four weeks ahead of your event) if necessary. Do not schedule your filler appointment any than less than two weeks before the wedding.

2-4 weeks - Teeth Whitening

You want to look your best at your wedding and that doesn't just stop at choosing the right dress, makeup, and hairstyle. You'll be doing a lot of smiling that day, both for the cameras and your guests, so having a set of perfect pearly whites is important. Whatever whitening treatment you choose, it's best to plan ahead, so your teeth will be whitest on your wedding day.



2-4 weeks - Composite Bonding



Teeth bonding is a cosmetic technique that gives the appearance of a straighter, whiter smile, by shaping and moulding a type of dental material, in this case, on your teeth. It can be used as a cosmetic solution to chipped, gapped teeth and staining. It's different to porcelain veneers, which can take more than two visits, composite resin teeth bonding can be completed in one appointment. It also doesn't involve damage or cutting down of the teeth. Perfect for a quick fix before the big day!

1-3 weeks - Dental Hygiene

Just like having the perfect dress, your smile is one thing that people will always remember on their Big Day. Superficial staining from food and drinks such as tea, coffee or red wine, can often be removed with a professional clean. During a scale and polish treatment, your dental hygienist will thoroughly clean all deposits and stains, scale away tartar build-up and polish the teeth giving you a sparkling clean for your Big Day.

